

White Potatoes

Effective July 1, 2015

**White Potatoes
(includes but is not limited to Red
potatoes, Purple potatoes, Golden
potatoes, Yukon potatoes, etc.)
are WIC Eligible.**

Fresh White Potatoes

YES Organic

YES Fresh, whole, cut

Not allowed

NO Added sugars, fats or oils

NO Party trays or baskets

NO Baked goods

NO Items from the deli

NO Items from the salad bar, i.e., potato salad

NO Dried potatoes

NO Canned or pouches

NO Added dressings, herbs, spices
marinades

Frozen White Potatoes

YES Organic

YES Whole, cut

YES Mixed vegetables

YES With or without salt

Not allowed

NO Added sugars, syrup, artificial sweeteners, fats,
oils

NO Added meat, rice, pasta, nuts, cheese, butter,
herbs, spices, seasonings, marinades, dressings,
condiments or sauce

NO French fries or tater tots

NO Breaded or battered potatoes